

# STDNT8 - Student Activities

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## S - Student

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### STUDENT ACTIVITIES

#### LOCAL

The purpose of interscholastic athletics is both educational and recreational. The school sports program should encourage participation by as many students as possible and should always be conducted with the best interests of the participants as the first consideration.

District participation in interscholastic athletics shall be subject to approval by the Board. This shall include approval of membership in any leagues, associations, or conferences and of any new agreements with other schools for a series of games or events.

The following rules shall be observed for participation by individual students:

- A. For each type of sport in which the student engages, the parents or guardian must give written consent.
- B. The student must be determined by a physician to be physically fit for the sport.

The Superintendent shall establish other rules for participation, such as those governing academic standing, in accordance with the District's policies and pertinent regulations and recommendations of the state interscholastic athletic association.

Each interscholastic athletic team or sport that is sponsored by a public school shall be expressly designated as one (1) of the following based on the biological sex of the students who participate on the team or in the sport:

- A. "Males," "men," or "boys."
- B. "Females," "women," or "girls."
- C. "Coed" or "mixed."

Athletic teams or sports designated for "females," "women" or "girls" may not be open to students of the male sex.

Any student may participate in any intramural athletic team or sport designated as being for "males," "men" or "boys" or designated as "coed" or "mixed."

The health and safety of participants in interscholastic athletic activities must receive careful consideration. The District shall prescribe and enforce policies and procedures relating to the health and safety of all pupils participating in District-sponsored practice sessions or games or other interscholastic athletic activities.

Participants must be always provided access to water during practice sessions, games, or other interscholastic athletic activities.

The Board shall develop, in consultation with the Arizona Interscholastic Association (AIA), guidelines, information, and forms to inform and educate coaches, pupils, and parents about the dangers of concussions and head injuries and the risks of continued participation in athletic activity after a concussion.

The Board shall develop, in consultation with the Arizona Interscholastic Association (AIA) guidelines, information and forms to inform and educate coaches, pupils and parents of the dangers of heat-related illnesses, sudden cardiac death and prescription opioid use. Before a pupil participates in any District-sponsored practice session, game or other interscholastic athletic activity, the pupil and the pupil's parent must be provided with information at least once each school year on the risks of heat-related illnesses, sudden cardiac death and prescription opioid addiction.

District and school health and safety management plans may include Heat Acclimatization Protocol,

Hydration Strategies, Return to Play standards, and follow-up/clearance requirements released by the Arizona Interscholastic Association (AIA) as Bylaw 41.5.

The Superintendent shall require that regulations for the health and safety of participants in interscholastic athletics be developed, implemented, and enforced. Such regulations may, at the superintendent's discretion, be incorporated into this policy as an administrative regulation.

**LEGAL**

A.R.S.

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